The OLNEY Group

Olney Raft and Paddleboard Race Disclaimer – *to be signed by all taking part*

I hereby accept that I am entering the raft or paddleboard race at my own risk. The Olney Group (TOG) **will not** be held liable for any injury, illness or loss howsoever caused.

I understand that the river contains pollutants such as phosphates, nitrates, algae toxins, Weil's Disease, and possible agricultural run-off and sewage discharge containing Escherichia coli (E. coli) and Intestinal enterococci (IE).

You are advised to:

- cover any open wounds or abrasions with a waterproof dressing
- avoid swallowing water
- seek medical attention for any cuts or abrasions sustained during the race
- wash your hands with soap and water ASAP after the race
- seek medical advice if you feel unwell in the days following the race

By participating in TOG's race, I agree that I will follow all safety instructions given to me by TOG's volunteers delivering the race. I also understand that I must take reasonable responsibility for my own safety where appropriate. All reasonable precautions will be taken by TOG to keep you safe, but it must be understood that injuries can happen. It is also my responsibility to look after my own personal belongings and vehicle; TOG will not be held liable for any loss or damage to your personal belongings. TOG does not provide third party insurance for participants. If you consider this necessary, you are advised to obtain your own insurance for these purposes.

Enter your paddleboard/raft team name here:

Participant names	Signature	Date	Age (if under 18)	Name of parent or guardian	Signature of parent/guardian